



Global-MINDS

ERASMUS MUNDUS MASTER IN THE
PSYCHOLOGY OF GLOBAL MOBILITY,
INCLUSION AND DIVERSITY IN SOCIETY



BASIC GUIDE TO LISBON



SWPS
University



UiO : University of Oslo



Co-funded by
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Congratulations! You have been admitted to the Erasmus Mundus Master in the Psychology of Global Mobility, Inclusion and Diversity in Society - “Global-MINDS”.

You are now ready to start your journey with Lisbon as the first stop!

You might have lots of questions about your semester in Portugal, that is why we decided to write this guide in order to help you! We hope you find it useful. We have added some links throughout the text, please feel free to click on them so you have the full info.



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Portuguese visa

As soon as you get your admission and scholarship letter, contact the Portuguese embassy or consulate who is responsible for your visa.

To search for the appropriate place, go [**Here**](#).

Prepare your documents for the application according to their instructions and requirements. This is a very important issue.

As soon as the application is filed you should communicate date and place both to the Programme Coordinator and to Iscte's International Relations team (see contacts in the last page).

Some embassies take a lot of time (3 months or more) to process the visa. In some cases, you may have to go to your neighbouring countries to submit your documents. Apart from the embassy, you must contact the Global-MINDS Coordinator and Iscte about any issues that may arise.

The appropriate document is a temporary visa for stay, Type D, which is usually issued for 365 days and allows multiple entries into Portuguese territory.

It is possible to apply for a residence permit in Portugal after arriving in the country with a valid visa or permit from another EU member. However, this is not recommended due to current lengthy delays on the Foreigner Services part in the scheduling and issuing of the documents, which will continue for the foreseeable future.

For more information go [**Here**](#).



About Iscte

Iscte - University Institute of Lisbon was founded in 1972 as one of Portugal's first modern universities, with the central aim of studying labour and social dynamics in a rapidly changing world. Since its establishment, the university has expanded its disciplinary reach into four schools: Iscte Business School, the School of Sociology and Public Policy, the School of Technology and Architecture and the School of Social Sciences and Humanities.

On campus, students find not only a robust intellectual tradition, with mentorship from teaching staff involved in cutting-edge research, but also a vibrant, multicultural environment. Of the approximately 13 000 students enrolled in undergraduate and postgraduate programs, nearly 23% are international, coming from 94 different countries.

Furthermore, the university is actively engaged in collaborative projects, networks and partnerships around the world, including a range of educational, training and research programs supported by the European Union. Through its commitment to internationalization, innovative research and education aligned with professional standards, Iscte prepares its students for competitive careers and thoughtful lives in the 21st century.

[Click here](#) and discover more!





How to reach Iscte?

The University campus of Iscte-Institute University of Lisbon is situated roughly 15 minutes away from the city center and very well connected by public transportation. The quickest option is usually the yellow subway line via the station Entrecampos. There are also many buses which go to Entrecampos.

In the Entrecampos Metro Station, we recommend you exit Avenida das Forças Armadas, and head towards the roundabout. Turn left, go up to the Avenida das Forças Armadas (around 400 metres) and you will find the Campus on your right.



701, 754, 732



Entrecampos
Yellow line



Iscte campus

Iscte concentrates all its activity in a single campus, which allows collaborative work between the various areas of knowledge. The campus is composed by four schools:

- School of Sociology and Public Policy
- School of Social Sciences
- Iscte Business School
- School of Technology and Architecture

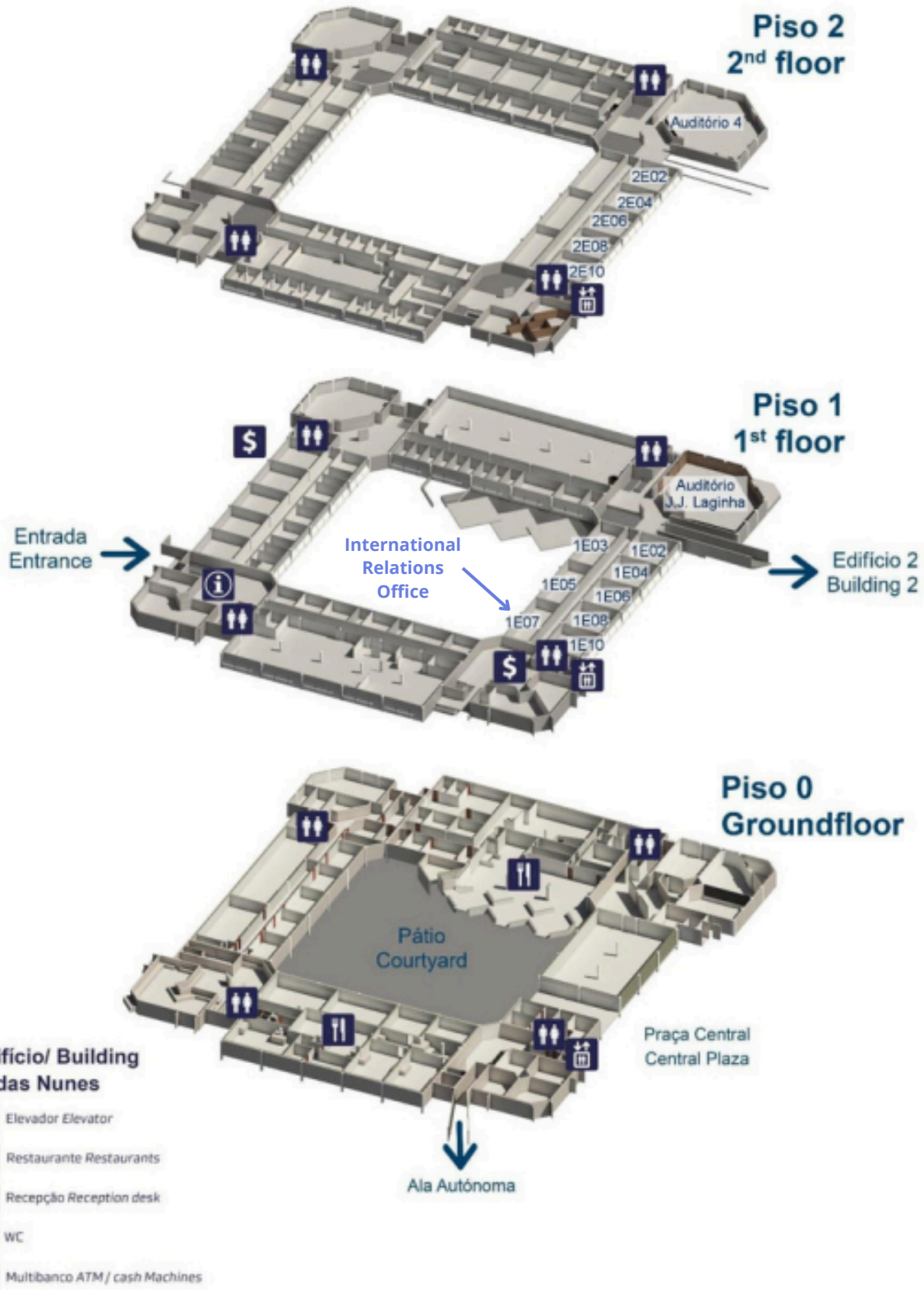
The buildings located in Lisbon, were built in the last 4 decades, so they have all the appropriate functionalities for teaching, study and research.

Iscte-Sintra - Applied Digital Technologies, located in the village of Sintra, is the new faculty of Iscte, dedicated to teaching and research in Digital Technologies, Economy and Society. It started in September 2022.



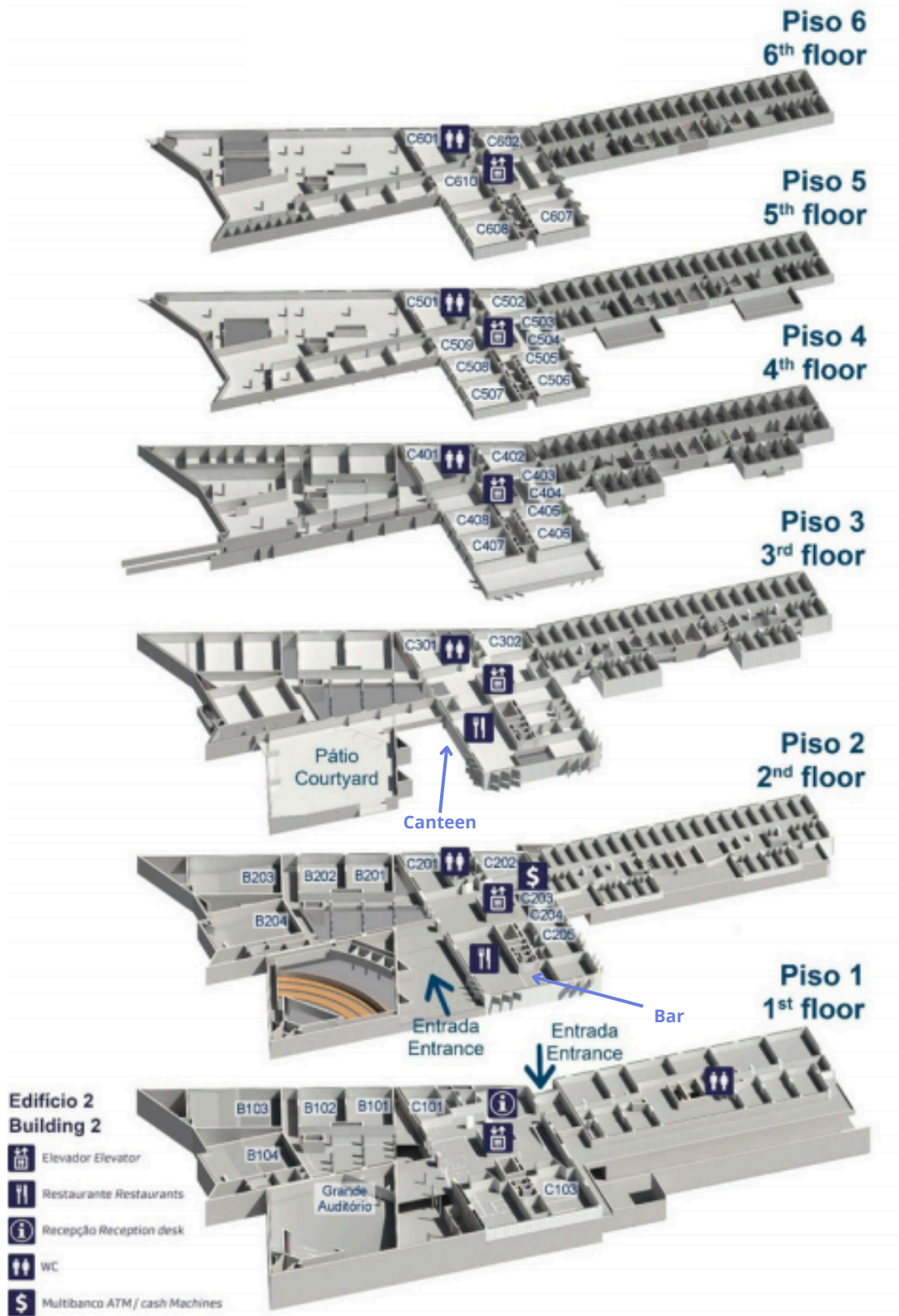


Lisbon campus - Building 1



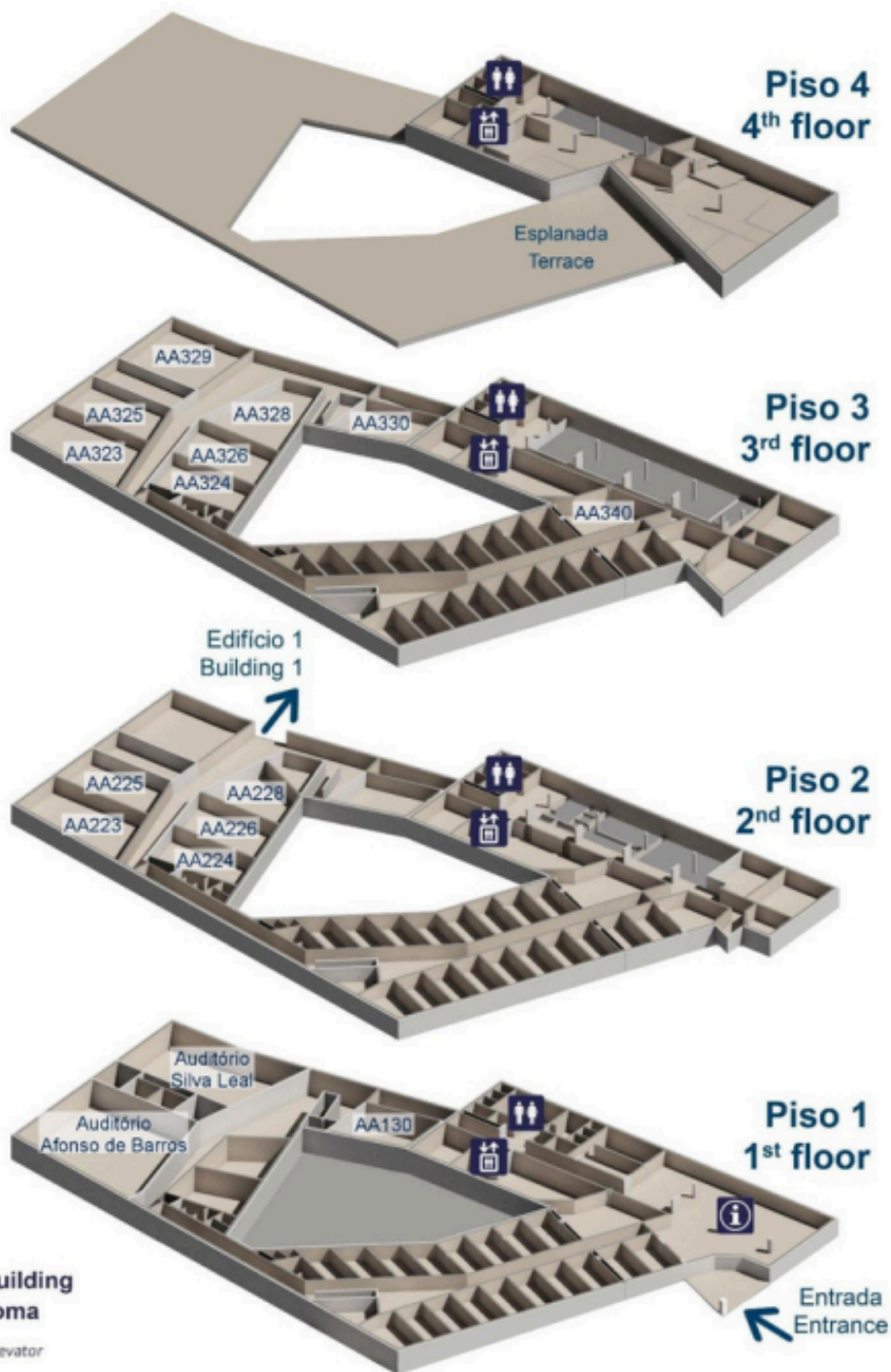


Lisbon campus - Building 2





Lisbon campus - Building 3



**Edifício/ Building
Ala Autónoma**

-  Elevador Elevator
-  Restaurante Restaurants
-  Recepção Reception desk
-  WC



Iscte facilities

Wireless Network

Wi-fi: eduroam

Username: xxxx@iscte-iul.pt

Password: the same you use for Fenix



Library

Location: Building II, 4th floor

Working hours: - Monday to Friday from 9:30 a.m. until 9 p.m.

- Saturdays from 9:30 a.m. until 1:30 p.m

Important rules:

- To enter you need to show your Fenix profile/student card;
- Books are taken from the bookcases by the users. Afterwards, they must be left on the tables or in the mobile shelves;
- All borrowing books must be presented to the staff in the main desk (reception) for the informatics and demagnetization procedures;
- Books with orange labels on the side, as well as the journals are not for loan, but only to be used inside the library;
- Our library has equipment against robbery. All the items must be demagnetized on the way out;
- Is totally prohibited to eat, drink (except water), smoke, use mobile phones, make noise or any kind of disturbance in the three library floors.





Iscte facilities

Study Rooms

Iscte has two study rooms located on the Building I, one at the 1st floor and the other at the floor zero. The rooms are equipped with desks prepared for group assignments with network cables for your laptops. Additionally, there's a study room on the Library's first floor and after lunch time, students may use the areas of the cafeterias to study.

Places to eat inside of the campus

Building I, floor zero:

- 1 Bar + Cafeteria: menus between 6€ and 9€.

Building II:

- 2nd floor: Bar + Salads+ Pizzas + Lasagna
- 3rd floor: Social menu for students - 3€





Iscte facilities

Social support and well-being

The social action aims to provide students with study conditions and school performance through the granting of various supports and services. The Social Action Service has a Student Counseling Office (SAS/GAA) whose objectives are to promote well-being and support all students in the teaching, learning and personal development processes. The students have free access to psychological support

Contacts

Telephone: +351 210 464 039 / +351 21 790 3000 option 1 and 4

E-mail: sas@iscte-iul.pt

Working hours: Monday, Tuesday and Thursday - 8:00h until 15:30h / Wednesday and Friday - 10:00h until 19:00h

Special needs support

Iscte has an office for students with special educational needs, assuring the full integration of students. The office aims to provide specific support to students with SEN, functioning as a facilitator of the student's integration process into academic life, as well as accessing the support available at the institution.

Contacts

Telephone: +351 210 464 039 / +351 21 790 3000 option 1 and 4

E-mail: sas.nee@iscte-iul.pt

Working hours: Monday, Tuesday and Thursday - 10h00 - 13h00 / 14h00 - 18h30



Psychology in Iscte

In October 2023, THE World University Ranking 2024 was released, placing ISCTE in the Top 800 of the world's best universities. In the national ranking, Psychology in Iscte is in number 1. Find more [here](#).

Psychology Department

The Department of Social and Organizational Psychology (DPSO) is recognized as a site of excellence in education, research and intervention in Psychology.

The teachers' offices are located in Building 3, floor 1

Centre for Psychological Research and Social Intervention (CIS-Iscte)

CIS-Iscte is the Psychology Research Unit of Iscte-University Institute of Lisbon. We are dedicated to advancing theory and practice in psychology through cutting-edge psychological research.

Contacts: Building 4, Room B123 / Telephone: +351 210464 017 / E-mail: cis@iscte-iul.pt

LAPSO - Psychology Laboratory

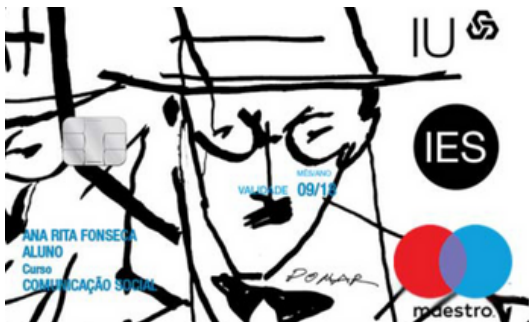
LAPSO is a support center for CIS-Iscte and supports research and training in Psychology at Iscte, in its most varied areas of study and levels of education.

Contacts: Building 2, floor 0, Room D009 / Telephone: +351 210 464 024 / E-mail: lapso@iscte-iul.pt



Student card

Student cards are essential in daily life on campus, to enter the spaces, mark attendance, request books. In can be requested in person in Iscte and it will be delivered once its ready.



Portuguese Language Courses

Iscte Soft Skills Lab offers the possibility for international students (internal and external) to learn Portuguese with the Portuguese as a Foreign Language Course. You can now enroll for our next term courses.

If you have never learned or do not understand Portuguese, we recommend you start from the beginner level. Other levels require a placement test (date tbd) if you have not previously completed the level below.

Please send to International relations Office team of your intention to apply for the Portuguese Course, before your arrival.

Contact: lct@iscte-iul.pt



Iscte platforms

Enrollment and credentials - Fénix +

You will receive, by email, instructions on how to do your registration and enrollment online in Fenix +.



PT / EN

iscte INSTITUTO UNIVERSITÁRIO DE LISBOA

Username

Password

[Login](#)

Não consigo aceder

[Ou fazer login com](#)

[login.iscte-lis.pt](#)

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Iscte platforms

E-learning - Moodle

Link: <https://moodle.iscte-iul.pt/>


This platform is used to access the courses materials provided by the teachers.

iscte

▼ **Login with ISCTE credentials**

Use your ISCTE login & password to enter through Single Sign-on service (SSO). After authentication you will get access to the e-learning platform.

Log in using your account on:

 login.iscte-iul.pt

› **Log in with the external user account**

English (en) ▼ | [Cookies notice](#)



Accommodation

While most of the university population lives in apartments and other housing options across Lisbon, Iscte also meets some of the accommodation needs of its visiting students and teachers with the Professor José Pinto Peixoto University Residence.

Located in the 17th-century Monastery of Santos-o-Novo (which is classified as a National Monument), the residence lies on a small hill by the Tagus River in Lisbon's east end.

Getting to the residence

Bus

- From Bus Stop at Calçada da Cruz da Pedra:
 - 706 (Sta. Apolónia Train Station – Cais do Sodré)
 - 794 (Oriente Train Station – Terreiro do Paço)
- From Bus Stop at Rua da Madredeus:
 - 718 (ISEL/Chelas – Alameda)
 - 742 (Ajuda – Bairro Madredeus)

Subway

- Santa Apolónia – Blue Line/Linha Azul (aprox. 550 m)

The fastest route to reach Iscte by public transportation from the Residence: take bus 742, get out at Saldanha and from there take the metro to the station Entrecampos. However, there are alternative routes. For more information, see www.carris.pt, where you can find bus timetables and route simulations.



Accomodation

Applications

Iscte accomodation has limited capacity, but students who would like to be accommodated at the Residence can apply by filling in the Application Form and delivering it with the following documents to: **residencia@iscte.pt**.

- Photocopy of ID or passport;
- 1 Photograph;

Please verify Iscte's official website [here](#) for updates on the dates for academic year 2024/2025.

Find other accommodation options in Lisbon [here](#).





About Lisbon

Lisbon is Europe's second-oldest capital (after Athens), and was home to many of the world's great explorers such as Vasco da Gama, Magellan and Prince Henry the Navigator. This helped it to become the first true globalized city, the capital of an empire spread across continents, from South America to Asia.

The former launch pad for many of the world's greatest voyages is now where modern travelers discover one of Europe's most soulful, captivating and picturesque capital, built on a series of hills with scenic views from every angle. Lisbon is the city of the oceans, the only European capital where the sun sets over the sea. Close to sandy beaches and with one of the world's largest, state-of-the-art, aquariums. Lisbon has one of the world's greatest natural harbors which has attracted different civilizations throughout history. This is now reflected in its architecture and culture, recalling Phoenicians, Celts, Romans, Visigoths and Moor.

Nearby, there are numerous World Heritage monuments and unique museum treasures, from international design and contemporary art, to treasures from when the East met West, and to the ancient art of tile painting and gilding. Lisbon is one of Europe's most romantic capitals, with a real fairytale castle just minutes from the city center (Sintra).

For more information about Lisbon and events in the city, you may also check the following website: <https://www.lonelyplanet.com/portugal/lisbon>.





Transportation

Lisbon's public transport network is made up of buses, trams and the metro. The fastest way to get around is the Metro, operating on 4 different lines and connecting the most important areas of the city. Buses, trams and even funiculars are run by the local transportation company Carris.

For Metro: <http://www.metrolisboa.pt/eng/> (The metro operates from 06:30 until 01:00)

For buses and trams: <http://www.carris.pt/en/home/>

Getting home late after enjoying Lisbon's nightlife is also no problem. From 0:00h there are many night buses, please check <http://www.carris.pt/en/night-bus/>.

A must in Lisbon is to take a trip on the old tram 28 (Eléctrico 28), which takes you in an original 100 years old car through some traditional areas of the city. We recommend passing through Graça, Alfama and going until the Basilica and Jardim da Estrela. All tourist information offices have special maps of the route.





Other useful Information

Health Facilities

- Health risks in Portugal are minimal – tap water is safe to drink and restaurants are kept to strict standards of health and hygiene. Please be sure, you always carry with you a copy of your health insurance (or European Insurance Card).
- There is a health clinic which is situated at ISCTE Campus. You can find it in the corner of the Central Yard. SAMS Clinic provides different types of clinical appointments and analysis. You can use their service from Monday to Friday, 8am – 8pm, (+351 210416370).
- The emergency services close to ISCTE-IUL are: Hospital de Santa Maria (Subway to Cidade Universitária / Buses 35, 701, 732, 738, 755 or 768); Alvalade Health Centre from 8am till 8pm in the week days (Subway to Alvalade/ Bus 21, 735 or 755).

Tourism Information

There are tourist information desks in Praça do Comércio – the Lisbon Welcome Centre – and in the pedestrian zone of Rua Augusta.

Please check their very helpful [website](#)

Useful contacts

National emergency number (toll free): 112

Public hospitals emergencies: Santa Maria (near ISCTE) (+351) 351 21 780 50 00

Lisbon Airport: Arrivals and Departures (+351) 21 841 35 00 or www.ana.pt

Police: (+351) 21 432 16 34

Lisbon Tourism Office: (+351) 808 296 296



Global-MINDS contacts

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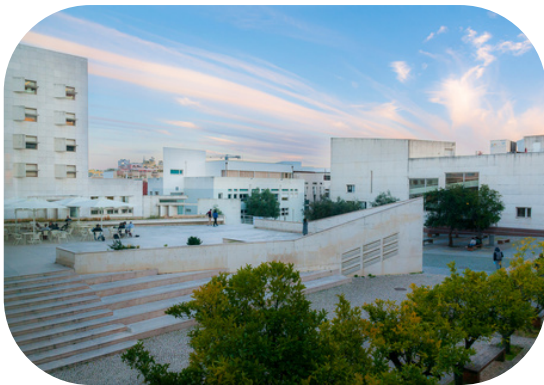
School of Social Sciences

Secretariat

(Room 1E5 - Building 1)

Sandra Soto

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