



OVIDIUS

University of Constanta

International Student Guide





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WELCOME TO CONSTANTA AND OVIDIUS UNIVERSITY



We aim to ensure Ovidius University of Constanta remains the first option of local young people and among the top ones in the country.

We offer our students the opportunity to study and develop within a dynamic and influential institution, to maintain the highest academic standards, to stay deeply involved in the community and able to respond to all the academic and professional needs of the present and future.

We will combine tradition with innovation, consolidating high-performance study programs and at the same time promoting new ones, aligned with the technological trends of the moment.

As until now, every young person who enters our university will benefit from quality, student-centered education, all the more so as the new context we are experiencing requires the use of digital learning resources, modern information technologies and online platforms.

Together we will go through these challenging times and fulfill our academic mission with respect for knowledge and innovation, responsibility, pragmatism, efficiency and professional integrity.

With confidence and solidarity,

**Assoc. prof. Dan-Marcel ILIESCU, PhD.,
Rector**



Dear students,

A warm welcome to all of those who, we truly believe, made the right choice to join our university, one of the region's outstanding universities. We all hope that you will feel that the time shared with us will help make your dreams come true, in a pleasant, but challenging manner.

Academic staff of Ovidius University of Constanta worked hard to improve the quality of teaching, but also the research, innovation and sustainability of its actions, and is determined to provide you with a comprehensive and inclusive educational experience.

Today's international landscapes, affected after Covid-19 pandemics and wars, changed our world and created a real disruption of the traditional educational process, but forced us to find new ways to move forward as a team and adapt to the challenges of online and hybrid teaching, applying innovative and technological new teaching and communication methods.

But we all know that the evolution to the "global citizen" of tomorrow means more than education. In the era of Artificial Intelligence, we strongly believe in using it together with an augmented Emotional Intelligence, in our struggle to make our world a better place. This process supposes to create active and responsible people, armed with critical thinking, respect for diversity, improved communication and interpersonal skills, desire for interaction with local communities and to fight for a sustainable environment. And we, at OUC, will do our best to guide you on this road to become a more creative, flexible, and proactive person, a real survivor in our interconnected world.

My personal best wishes for a rewarding and fulfilling experience at Ovidius University of Constanta!

**Prof. Dr. Liliana-Ana TUȚĂ, MD, PhD.,
Vice-Rector for International Relations**

GENERAL PRESENTATION

Ovidius University of Constanta is the largest European Union university on the Black Sea coast. Our goal is to be recognized as the regional leader in higher education and research, to be the first option of students from the Black Sea region and beyond. We are an Eastern gateway to Europe and we aim to attract a large number of Romanian and international students, as well as outstanding academic staff. We strive to achieve the highest European standards of quality education by offering bachelor's, master's and doctoral study programs, training our graduates for the competitive labor markets of Romania, the European Union and worldwide.

The mission of Ovidius University of Constanta is to create, maintain and disseminate knowledge at all levels of society through European standard education, research and artistic creation. The university is actively engaged in the local community and has an impact over the entire Black Sea region, within Europe and beyond its borders.

The wide range of study fields represents one of Ovidius University's major strengths. Our academic staff understand that only a unity that respects diversity can provide the key to success. The evolution of our institution has not been entirely uneventful, yet the university has found within itself the resources needed to overcome problematic moments, promoting honorable people, setting up structures and mechanisms that would provide balance and control. Through its outstanding people, Ovidius University of Constanta has been able to draw a line and start over, taking the path of honor, peace and stability.

At Ovidius University of Constanta prestige is gained through hard work, respect for the law and a sense of justice. The university has always chosen the path of honesty. Ovidius University of Constanta values and rewards competence. Creativity and the spirit of initiative are the driving forces behind its progress. Combined, they lead to excellence and academic prestige. The problems we face cannot be solved by means of passivity, skepticism and indifference, but through the active involvement of people willing to surpass themselves, of ambitious, dynamic and persevering professionals.





STUDY IN ROMANIAN OR IN ENGLISH

In order to study in Romanian at the Ovidius University of Constanta, the candidates from foreign countries must present at the admission a certificate attesting the knowledge in this language. If they do not have such a diploma, they can register, firstly, in the Preparatory Year of Romanian Language for Foreign Citizens.

The mission of this programme is to develop the students' skills in order to become intermediate speakers of Romanian (B1-B2 level). The programme contains Romanian practical courses, as well as specialized language seminars, to help the students in their academic pursuits in Romanian universities. The students who graduate this preparatory year receive a Certificate of Completion and they can enrol in one of the programmes of study offered by Ovidius University of Constanta or by any other Romanian university.

As far as the educational offer targeting international students is concerned, the 2022 admission session featured, also, a considerable number of places within the seven study programs taught in English, including five undergraduate (American Studies, Business Administration, Computer Science, Dental Medicine, Medicine) and two master's degree programs (Anglo-American Studies, Cyber Security and Machine Learning).

AMERICAN STUDIES

The American Studies specialization aims to prepare specialists with a solid philological training, excellent English skills, good knowledge of American culture and civilization, as well as thorough understanding of its current economic, political, social, and administrative system.

BUSINESS ADMINISTRATION

The Business Administration program is designed to meet needs related to personal and professional training and development. It is also aimed at the acquisition of basic and specialist knowledge in business administration, which are applied both in practice and research, for the purpose of achieving performance and success in professional careers.

COMPUTER SCIENCE

The Computer Science program aims the training of qualified specialists in the main fields of Information and Communications Technology, with abilities in the immediate application of the acquired knowledge to the demands of the labor market and in terms of continuous academic development by the Masters and PhD programs.



DENTAL MEDICINE

In the field of health, basic dental training provides the necessary skills for all prevention, diagnosis and treatment activities related to the dento-maxillary device (caries, parodontopathies, anomalies, etc.). Training dental specialists, acquiring the scientific skills and a necessary teaching environment for the specialization of the students so that at the end of the six years of study they can practice the autonomous profession of dentist both in the country and abroad.

MEDICINE

The Medicine program aims to identify the disease condition and the correct diagnosis of the disease (diseases). Also, it aims to address health/disease problems in terms of community features, directly related to specific social, economic and/or cultural conditions.

ANGLO-AMERICAN STUDIES

The program aims at obtaining a post university degree in research in the field of British and American cultures, in the context of Euro-Atlantic relationships, of European integration and of cultural globalization. The program forms professionals in culture, especially in British and American cultures that can find jobs not only in education, but in other domains such as journalism, book editing, translations, interpreting or as cultural referees.

CYBER SECURITY AND MACHINE LEARNING

The master's program Cyber Security and Machine Learning in the field of Computer Science aims to create highly trained specialists in ensuring the protection of computer systems and information systems, data protection, computer network administration, specific software development and the development of Artificial Intelligence Systems for various application areas, using the latest technologies, in the field of Machine Learning.





STUDY WITH ERASMUS+

Any student can be the beneficiary of a study mobility through Erasmus Plus Programme and visit another university with which his institution has a bilateral agreement signed.

The first step in the application process is to receive an official nomination from the sending institution Erasmus Office. The email must contain at least the full name of the student, the email address, the faculty and the period of the mobility.

After receiving the nomination, Ovidius University of Constanta will send an email with the GDPR form, the deadlines for submitting the documents and information regarding an interview which will be held by an Erasmus office representative. If the results of the interview will be favorable, then the student will be able to proceed with the next steps from our application e-mail, which will be sent to you after the interview. If the answer is not favorable, we will be waiting for you to apply again next year, better prepared.

In the application email, the student will receive the necessary documents which must be filled in and signed, such as Application form, Accommodation form (in case he wants to stay in our dormitories), the learning agreement and the list with available courses. Others required documents are:

- certificate for English language competences with a minimum level B1 (we accept certificates that are issued by your home institution);
- copy of ID card/ passport.

You must send the documents ONLY by e-mail. There is no need to send us the original documents by regular post (we want to save as many trees as possible).

Once we receive all the required documents, process them, and verify all the files are correct filled, we send them to our coordinator in order to obtain the approval from the faculty where you will study.

The acceptance letter is issued after Ovidius University has a positive answer from the coordinator. It will be signed by our rector and institutional coordinator and will be sent to the student by email, together with the approved learning agreement.

In your first week at Ovidius University of Constanta, the student should bring his learning agreement and 2 photos (passport size) to the secretary of his faculty so that he can receive the Student ID CARD and Transport ID CARD.

Also, it is recommended to contact ESN (Erasmus Student Network) at our university (<http://www.constanta.esn.ro/>). The ESN organization supports exchange students before and during their stay.

Ovidius University of Constanta will be more than happy to receive you!



SCHOLARSHIPS

a) Romanian Ministry of Education Scholarships

Students from EU countries can benefit from subsidies (tuition waiver) and merit based scholarships offered by the Romanian Ministry of Education, if they follow the same admissions procedures and criteria as the Romanian students.

Students of Romanian origin living abroad can benefit from subsidies (tuition waiver) or from the low tuition applied to Romanian students if they are admitted under the same conditions as the Romanian citizens.

Ethnic Romanians from Republic of Moldova, Albania, Bulgaria, the Former Yugoslav Republic of Macedonia, Ukraine, Hungary and ethnic Romanian citizens with permanent residence abroad can benefit from scholarships offered by the Romanian Ministry of Education. These scholarships are awarded via a merit based competition.

For the students from Republic of Moldova, a partnership has been signed by the Ministries of Education of both countries, which foresees a comprehensive scheme of student benefits.

b) Romanian Ministry of Foreign Affairs Scholarships

Citizens of non-EU countries can benefit from financial aid covering tuition, accommodation, and scholarships.

Citizens of non EU countries with which Romania has cultural and education cooperation agreements can benefit from scholarships based on reciprocity, according to those agreements. For details, please contact the authorities in your country to check for the existence of such a bilateral agreement.

For more details, you can contact our International Students Department:

- vicerektor.international@univ-ovidius.ro
- admissions@univ-ovidius.ro
- student.services@univ-ovidius.ro



ACCOMODATION

Ovidius University has four student dormitories where it can accommodate over 1300 students during their studies. Given the limited space available, making a reservation for student housing is competitive. Based on the agreements signed with the Ministry of Education and the Ministry for Foreign Affairs, the university offers a higher priority to the international students who receive a scholarship from the Romanian government.

The typical costs of leaving in Constanta fall below the European Union averages. Consequently, many of our international students take advantage of the affordable private accommodation facilities available around the university campuses.



SPORT ACTIVITIES

Physical education is part of the compulsory curriculum for the first two years of studies. International students may choose and participate in the wide variety of sports activities offered by the Faculty of Physical Education and Sports. These include various kinds of aerobics, athletics, badminton, basketball, bodybuilding, canoeing, dance, fitness yoga, football, jogging, modern gymnastics, martial arts, skiing, swimming, table tennis, tennis and volleyball.

International students may also participate in some extracurricular sports activities under the same conditions as Romanian students. The University Sports Center is located in the northern campus, next to Mamaia Lake.

Facilities:

- sports courts: football, volleyball, basketball, handball, tennis;
- athletics tracks;
- gymnasium;
- fitness center.



The Nautical Base: 1, Cpt. Av. Al. Serbanescu Street

OTHER STUDENTS SERVICES

LIBRARIES

Our students benefit from the main Ovidius University Library, located in the central campus as well as the various smaller libraries that belong to the faculties. Most of its catalogues can be accessed via the Internet. Additionally, the students have access to other public libraries in the metropolitan area.

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COMPUTER HALLS

Besides computer rooms for students at the individual faculties, access to computers is offered centrally in the virtual library hall of the Ovidius University Library.

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THE LANGUAGE CENTER

The Language Centre provides international students and scholars with the possibility of improving their knowledge of Romanian, English, German, French, and Italian. The center is in the north campus, in the building hosting the Faculty of Letters. A great variety of materials is there to help with developing language skills.

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VOLUNTEER ACTIONS

During their studies, our students can carry out various volunteer activities within our student associations. One of the largest student associations internationally is the Erasmus Student Network. Volunteers across the country, no matter their sections work together to add value to the Erasmus+ students'/trainees' experiences and get to develop their hard and soft skills, reaching ESN's mission of "Enrichment of society through international students".

Contact: contact@constantia.esn.ro



CHOOSE AN ENERGETIC AND VIBRANT CITY FOR YOUR STUDIES!

Ovidius University of Constanta is also defined by its location on the shores of the Black Sea, in the largest city of Dobruja and South-Eastern Romania. The Dobruja region, delimited by the Danube and the Black Sea, represents a bridge between East and West and its religious and ethnic diversity singles it out as a veritable cultural mosaic.

Dobruja can in fact be considered the eastern gateway of the European Union. Dobruja is also unique due to the Black Sea coast and the Danube Delta, the second largest and best-preserved European delta, a UNESCO World Heritage Site since 1991. The tourist resorts on the Black Sea coast are a favorite summer destination for both Romanian and foreign tourists.

Throughout the year, Constanta is a vibrant and energetic city, the ideal location for young people. Constanta offers them many ways in which to spend their free time, from classical music, opera or ballet performances to concerts, from theater to film, from local sports events to international nautical competitions.

In the summertime, Constanta becomes the center of fun, being a favorite destination for seaside tourism. The modernly landscaped beaches, the seascapes, the water parks, the restaurants and clubs offer unforgettable experiences, as well as the possibility of getting a summer job. In Constanta students can easily combine work and fun.



HOW TO GET CONSTANTA

By plane:

You can fly to Constanta airport, located 25 km north-west of the city, near Mihail Kogalniceanu. From the airport shuttle busses can take you to the city for less than 2 EUR (details: <https://www.autogari.ro/>).

More flights land in the Otopeni airport near Bucharest. You can then take shuttles from the airport to Constanta, many companies offering relatively low fares, of about 28 -35 EUR and a convenient door-to-door service. For example: ALT Transport



Persoane (<https://alt-transportpersoane.ro/en/>); Kirvad Tour (<https://kirvad.ro/en/>); Direct Aeroport (<https://direct-aeroport.ro/>).

By train:

Constanta is connected by railway with all Romanian cities.

There are daily departures from Bucharest to Constanta (and return) all day, at different hours. You can buy the train tickets online from the Romanian public railway company, CFR Calatori, or from European service providers (such as TrainLine Europe). A way ticket (Bucharest-Constanta) costs a bit less than 15 EUR.

For more details, please visit this website: <https://www.cfrcalatori.ro/en/>

By bus/car:

Reaching Constanta by car is convenient due to the motorway A2 (E81) connecting Bucharest and Constanta (the distance is about 220 km). From south Constanta can be reached on E87, which crosses Bulgaria, through Varna and Burgas, to Turkey or Greece.

HOW TO TRAVEL IN CONSTANTA

By bus: This is one of the methods of public transport. To make it easier for you, you need to download the **Moovit** application. This application guides you from point A to point B in the easiest and most efficient way. Through this application you get step-by-step travel instructions regarding the route, pick-up point, the bus relevant to the trip.

Also, a bus trip costs 2.5 lei which means 0.50 euro

The ticket can be purchased:

- From the ticket offices located in the city
- By paying with a credit card at the machines located on the buses
- By SMS to the phone number 7475 with the text: L "line number" (ex: L102)

This option is available to all customers of the Vodafone, Orange and Digi Mobile networks, if you want to purchase a subscription.

• Via the **mobilPay Wallet** application in the "Constanta ticket" section, you select the route you are traveling on, and you will pay with the credit card.

By car: If you don't like public transport, you can choose **Bolt** or **Uber**, they are cheaper than a taxi. You can download the Bolt and Uber apps and you can pay by card or cash and the cost of the ride will be calculated automatically in the application.

The price per kilometer is approximately 1.7 lei/km, that means 0.34 euro/km.

COSTS OF LIVING AND SOCIAL LIFE

Constanta offers a high quality of life at an affordable price. The cost of living is lower in Romania than the EU average (details: <https://www.numbeo.com/cost-of-living/in/Constanta>).

How much money students actually need during their studies at Ovidius University of Constanta depends on their spending habits. Below you can find estimations of typical prices, to help you budget for your student life. Although some students can afford the upper range, most students tend to choose the lower and quite a few have become very creative in cutting costs even below those estimations.

Monthly Basic Living Costs	Lower range	Upper range
Rent	300 EUR (1bd apartments)	770 EUR (3 bd apartments)
Utilities (varying monthly, depending on heating costs)	50 EUR	160 EUR
Internet & TV	9 EUR	20 EUR
Phone	6 EUR	15 EUR
Food prepared at home	120 EUR	220 EUR
Transportation: <ul style="list-style-type: none"> public transportation - CT BUS; taxi companies; other companies: Uber; Bolt 	20 EUR (public transportation pass)	250 EUR (Taxi: 0.7 EUR/km)
Laundry / toiletries	10 EUR	20 EUR
Clothing	20 EUR	100 EUR
Books, printing, photocopying	10 EUR	25 EUR
Entertainment	20 EUR	100 EUR

As the period of classes, exams and practical trainings is up to about 40 weeks, the estimated cost of living for an academic year ranges from 5 000 Euros to 13 500 Euros.





Other occasional costs	
Fast food meal:	<i>5 to 10 EUR</i>
Meal at restaurant:	<i>10 to 20 EUR</i>
Beer at a bar:	<i>1.8 to 5 EUR</i>
Club entrance fee:	<i>7 to 15 EUR</i>
Cinema ticket:	<i>4 to 8 EUR</i>
Sports event:	<i>5 to 40 EUR</i>
Haircut:	<i>5 to 15 EUR</i>
Hair styling:	<i>15 to 50 EUR</i>

There are many ways to spend quality time outdoors in Constanta and its surrounding area, Dobrogea. They can include some of the following activities, which will take you between a couple of hours and 2 days each:

- Free bike rides (<http://www.blackseabike.ro>)
- Bowling and Billiards (<https://lakeviewconstantia.ro/>)
- Adventure Park (<https://www.paradisland.ro>)
- Aqua Magic Mamaia (<https://www.aqua-magic.ro/>)
- Kayaking on the Black Sea
- Sailing on the Black Sea
- Horseback riding tour of the Macin Mountains
- Kayaking in the Danube Delta

If you are interested in shopping, in doing some fitness exercises, eating at a fast food restaurant, watching a movie or playing bowling or billiards, in Constanta you can find no less than three malls where you can do these things. These are: City Park Mall of Constanța; VIVO Constanta; Tomis Mall.

Also, for relax and fun, Constanta has a lot of beaches, many of them well known by tourists and locals, but also some unknown ones, that span the city from South to North, into Mamaia Resort.

The summer season officially starts on the 1st of June, but it's a tradition for Romanians, especially young people, to flock to the seaside on May 1st (Labor Day).

It's the perfect excuse to party in one of the Ibiza-like clubs and lounges in Mamaia. But you can also choose to lie in the sun, getting a tan and enjoying a cocktail at a cool beach bar.

There are many events that take place on the city's beaches, the best known one being the Neversea Music Festival.

TRADITIONAL FOOD

Romanians love food and are always looking for opportunities to go out for a meal with friends and family. All around the city there are many street food stalls, taverns, bistros or restaurants, serving local and ethnic dishes. Among the traditional dishes are:

CIORBĂ DE BURTĂ

It is a traditional Romanian sour soup made from beef stomach, vegetables, herbs, as well as egg yolks, sour cream, garlic and vinegar.

SARMALE

They are the traditional dish for each Christmas and Easter, and are being made from minced meat in pickled cabbage leaves, and rolled. They are served with polenta (mămăligă), sour cream (smântână) and spicy pepper (ciușcă/ardei iute).

MITITEI (Mici)

Made of a mix of minced pork, beef and lamb, mititei are the favorite grilled rolls of the Romanian people. Mititei are usually eaten generously dipped in mustard and with bread loafs. Briefly put, a simple yet rewarding specialty not to be missed out by tourists with a strong appetite.

PAPANAȘI

Are a famous Romanian dessert. The dough is mixed with a soft creamy cheese, similar to ricotta. It is then deep-fried or boiled, left like this or holed in the middle and stuffed with marmalade or jam. It is served hot with a side of sour cream (if they are stuffed) or marmalade of any kind (if they are simple).

COZONAC

It is a sort of sweet bread made of leavened dough. It is flavored with vanilla or rum, and for some extra thrill, it is enriched with grated lemon or orange peel, raisins, Turkish delight (rahat, in Romanian), cocoa filling and nuts. Traditionally, is it prepared for Christmas and Easter.



TOURIST ATTRACTIONS

1. The Aquarium
2. The Constanta Archaeology Park
3. The Constanta Art Museum
4. The Constanta Casino
5. The Dolphinarium
6. The Folk Art Museum
7. The Genoese Lighthouse
8. The Great Mahmudiye Mosque
9. The House "with Lions"
10. The Hunchiar Mosque
11. The Ion Jalea Museum
12. The National History & Archeology Museum
13. The Ovid Square
14. The Roman Mosaic
15. The Romanian Black Sea Resorts
16. The Romanian Navy Museum
17. The St. Peter & Paul Orthodox Cathedral



University of Constanta



UNIVERSITATEA OVIDIUS DIN CONSTANTA



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